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# *EYE MAGAZINE*

*Examining with an analytical EYE!!*



**Counselling  
The Abductee**

**Anomalous Phenomena  
&  
Sleep Paralysis**

**David Bowie  
Loving The Alien!**

**Big Cats The Truth  
Is Out There!**



*Volume 3, Issue 2, Summer 2004.*

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### Editorial

We constantly rely on information from you our subscribers and readers. If you have any articles or comments to make concerning ALL aspects of the phenomena do please let us have them. We rely on your contributions to the magazine to help keep it interesting, informative and up to date for all our readers...

With the loss of UFO magazine, paper based publications such as EYE Magazine are only to willing to include article s, anecdotes and theories in their pages. Use this opportunity before it to is lost...

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Thank you for your much valued support.  
Chris

EYE Magazine are pleased to include the following from David Colman. We must point out that this is an extremely long article and will be published in several issues of EYE magazine, being 20 articles long. The first three were included in volume 3; issue 1, (Spring 2004) of EYE. ...Ed



### What is and what should never Be.

#### Part 2.

(A personal appraisal of  
UK UFOlogy)  
A Scottish Unexplained  
Phenomena Research  
Publication ©

By

David Colman

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#### Lilith, Eve and Me!

*I have encountered UFOs and extra  
terrestrial life on my pathway. Had I  
not experienced this phenomena for  
myself I may have travelled on my  
path with but a perfunctory glance  
over my shoulder .DC*

It was my personal experiences and  
eventual dalliance with ufology which

led me to the realisation that the ETH was  
indeed a valid study and one well worth  
spending considerable time and endeavour.  
Not only have I experienced anomalous  
encounters I have also experienced at first  
hand those who purport to research the  
paranormal.

I remain undecided on what experiences  
between the two rates as the most bizarre.  
I am a natural cynic and sceptic and whilst  
I find it difficult to explain the many  
anomalies I have encountered or be scepti-  
cal of them I have little difficulty in turning  
my incredulous eye upon the pseudo sci-  
ence of ufology, its charlatanism and its  
manufactured dogma.

My experiences, have led me to conclude  
that until such times as I can be convinced  
to the contrary, I will remain steadfast in  
my belief that the study of extra terrestrial  
visitation to this planet is a vital study and  
despite my critique, that the continuation of  
its research is carried out by 'regular' but  
*reasoned* and intelligent people who have a  
'true' desire to 'play for the jersey'.  
Despite 35 years of associated research in  
the vast and convoluted arena of catholic  
mysticism I have come to understand that  
the knowledge I have learned on my steep  
learning curve have barely allowed me to  
depress the door bell of perception.

Far from being dismayed at this self reali-  
sation I consider it as healthy and therapeu-  
tic for soul as it reinforces the fact that as a  
human I have not yet evolved sufficiently  
to understand, perceive and accept the truly  
subtle forces which are actively engaged

(Continued on page 4)



within the universe.

We all must make choices and our illustrious ancestor Adam certainly made a few doozies. Firstly he chose to divorce Lilith and pair up with the new girl on the block, Eve.

The consequences of Adam's choice began a sequence of mystical events which culminated in him taking a huge bite from Eve's allegorical Golden delicious.

Whilst I can hear Robin cry, '*holy mastication*' the more serious implication for mankind was that he inextricably bound us to seek wisdom and for us to strive for less than that, in my opinion, simply reduces man to the level of the beast.

In my personal search for universal discernment I have discovered that any quest, including the study of UFOs, is best approached with the aforementioned golden principles, however, my personal experiences of ufology and on having contact with some of its major players, has led me to regrettably conclude that in the main, Ufology has no such golden principles and that a reasonable dissection of its philosophy or ideology will reveal that significant judgments and high personal standards have become an anathema within its overly inflated and immature ranks.

Honest study groups or massive research collectives such as ufology should be 'aye ready' to stand accountable to their applied core values, practises and material conclu-

sions. However, like a festering leper, ufology appears to believe it is impervious to close examination as it attempts to conceal itself on the outskirts of research society. Experience and belief in the reality of the supernatural should never be allowed to obstruct common sense, decency and good judgement; however over the years my understanding of ufology has led me to develop serious misgivings regarding aspects of the calibre, methodology and motivations of ufologists who erroneously claim authority.

I am now forced to conclude that, despite the obvious lack of ethical considerations and immature research capabilities of self-appointed experts they are legitimised, not by their contribution to the field in any way, but with tacit assistance and support of friends, erstwhile colleagues and those who fail to understand the futility of following the ufological yellow brick road. As devotees blindly acquiesce and tug their forelocks the objectionable, unscrupulous and unethical face of UK ufology has gone virtually unchallenged for such an extended period of long time that it has become acceptable. By 'choosing' to disregard the ever tolling bell ufology's inability to face facts have led it on a downward spiral of mediocrity from which there can be no escape. In the final analyses these are the painful and sad reality of UK ufology which will on all probability eventually drag all other branches of paranormal research into its sucking bog of ignominy. Whatever degree of credibility that UK ufology has left the acquiescing nature of the ufological proletariat simply ensures the field a slow and putrid death.

A fully comprehensive commentary on the above assertions would ordinarily require an in depth investigation and lengthy discussion on the varying contributory factors such as historical and religious cover ups, govern-

ment sponsored media manipulation and agitation, UFO cover ups or endless 'X File' type conspiracies and whilst I agree that such considerations are indeed important themes within the ufological sphere my remit in this composition has been to steer clear of deeper intricacies and instead concentrate on the simpler issues which, being closer to home, are simpler to comprehend and easier to renovate.

#### UFOLOGY: sell by date; (August the 20th. 1995)

Over the years my family and I have experienced repeated anomalous paranormal events and some of those experiences led me to become actively embroiled in UK ufology, eventually making the forced leap into the abyss as a researcher and investigator. As I became more deeply involved in the research side I soon began to realise the fundamental foibles which appeared to beset the field at all levels and discovered to my horror that most '*UFO experts*', were little more than self serving aggrandisers who, in pursuit of their own vested or financial interests, ensured the promotion and preservation of the ufological status quo. I reluctantly concluded that the fragile '*egos*' of the '*experts*', professional sceptics and misanthropic debunkers alike were leading the field of ufology into speciousness and indolence. A prime example of ufology's lassitude is the infamous alien autopsy footage and it's all too eager endorsement to ufology. Ray Santilli, the head of a British-based video production company called the Merlin Group, (work included 'Tin Tin' cartoons, Disney merchandise and "rockumentaries") happened to '*discover*' a rare archive film of an Alien Autopsy. With the assistance and co-operation of the Director of Investigations for the British UFO Research Association, (Britain's largest and most influential group) Santilli was invited to address the audience and show his highly dubious footage at the 1995 Bufora conference held in the Sheffield auditorium. The late Graham Birdsall did sterling work in exposing the sham and much has been said about this unsavoury episode, therefore, it is not my intention to rake over the embarrassing coals once again, however I remain convinced that after being presented with such clear evidence of attempted manipulation ufology failed miserably to rid itself of its fakirs and rope trick experts, with the result that today it continues to remain as *credulous* as ever it was.

#### 'Without Contraries is no progression'

The UFO lecture circuit can be, for the select few, a hot bed of lucrative arenas where self styled UFO experts, often misrepresenting themselves as most knowledgeable worthies, grasp the opportunity to preen, pontificate and publicize their latest works of '*creative writing*'

In my early ufological halcyon days I dutifully travelled hundreds of miles to attend what would prove to be inconsequential lectures delivered by experts who turned out to be little more than medicine drummers and snake oil salesman.

During one such lecture as I scanned the audience, in a 'Pauline' like vision, I saw the blissfully blind, mouths agape, led by strings on a dance of self destruction and igno-



rance by an evil and leering Machiavellian piper.

In that wonderful but frightening moment of clarity I suddenly realised that any hopes I had of increasing my knowledge of UFOs and their activity in that amphitheatre was extremely limited and despite the many miles I had travelled, both physically and metaphorically, I had in fact learned little of significance from any of the echolalian lecturers. As a run of the mill guy with high expectations and a burning thirst for knowledge I reasoned that other ufologists around the UK would, in all probability, feel as equally unfulfilled by the lectures as I was. However, I soon discovered that the blind were content not to see and the deaf were equally comfortable. All appeared prepared to accept the unpalatable and expensive dross being served by slight of hand raconteurs who were, in general, more than happy to ply their wares to the intellectually and mentally idle.

Consider the number of lectures you have attended. What outstanding moments of ufological clarity have you been privy to? I am aware that interaction is vital and that discourse amongst peers is a way to learn and promote valid theory and ideology therefore I do not advocate the scrapping of lectures. I merely question the current motivations and content and of stage managed events.

#### Shamateurism

In the past it was recognised that UFO based cinema and TV entertainment was responsible for the unprecedented growth in UFO groups or clubs around the United Kingdom. The advent of FBI agents Mulder and Scully in the X files created a virtual stampede of wannabe paranormals 'agents' swarming into ufology, all out to nail the UFO chain smoking baddie.

The monthly meeting of ufophiles can at best be a fascinating experience where discussion on the UFO subject provides an opportunity for like-minded individuals to meet and strike up new friendships and where true experiencers can meet others who share their concerns. At its worst the UFO group monthly meeting can be a breeding cesspit for the immature, fools, fantasists, fakirs and government spies.

The very nature of UFOs will forever attract the hobbyist, dreamers and experiencers alike all in search of their own answers; however it is rare to find interpersonal skills which would be a boon to the field of ufology in any practicable way.

This in itself is far from a damning indictment; however the uncontrolled and unregulated growth of UFO groups also appears to attract those with little appreciation of the inherent dangers which lurk within the world of the paranormal and those who are emotionally disturbed.

Unquestionably the growth of immature personalities, deeming themselves worthy and knowledgeable enough to offer their 'services' to the public, that offers the greatest potential for disaster.

It would appear, in some cases, that owning the boxed set of the X files on DVD can make one an expert on the paranormal and whilst I hesitate to criticise owners of the boxed set, it should be realised that if such a ridiculous analogy

is anywhere near to the truth (and it is not that far away) then ufology does indeed have serious problems.

Stanton Friedman said 'Anyone can pick up a briefcase and become an ufologist' Friedman is correct as there is currently no legislation which prevents the UFO Group system from functioning or any of its members from 'assisting' the public in the aftermath of an encounter.

**Bereft of regulation or accreditation from a national body, UFO groups are in effect laws unto themselves, therefore, in this age of data protection and privacy laws, a litigious situation may arise, in the very near future, which may prove perilous to both supercilious 'Directors of investigations' and experiencers alike.**

Despite the plethora of UFO literature, glossy magazines and some truly forgettable TV shows, ufologists have so far failed to offer any substantial argument that would convince any rational sceptic that the ET hypothesis is not simply a vehicle for entertainment but is indeed a valid and important field of study.

Whilst media glove puppets appear happy to supply a never ending stream of unsubstantiated reports to the press at the drop of a hat is it any wonder that sceptics and the nation in general continue to scoff at the very suggestion of UFOs?

This intolerable situation is supported by the UFO group systems who, whilst the expert's tables are festooned with rich pickings, are content to eat the scraps thrown to them like doe eyed puppies.

Happy to offer meagre fare to the proletariat the experts appear most unwilling to address the real problems facing the field of ufology or to provide ideas of exciting new developments in UFO research.

In conclusion I see the current lecture circuit and its circle of speakers as a tired, washed out and unproductive financial enterprise, endorsed by un-opposed self aggrandizing ufological gurus, who remain eager to monopolise a ready made and susceptible market.

Lest I be thought of as a simple noisy negativist I say this, I write '*not to bury Caesar*' but, to initiate considerations of personal motives and performance amongst the ranks of imperiously sounding '*chief investigators*' of ufology, and to help them to see the need for *enhanced* attitudes, higher standards of research methodology and greater universal awareness.

The time has come for ufologists to finally open their eyes to the realisation that they buttress nothing more than a childish '*stand up*', laugh a minute pseudo science which at its best is prosaic, dogmatic and immature.

advancement of humanity.

However the real puppets of the black propagandists are the media. Without the

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contrived assistance of an international media campaign based on the above tenets and a concerted campaign of ridicule and stigmatisation of experiencers the case for UFO reality would be far easier to achieve.

The impact of overt black propaganda peddlers, Science and the media can be quickly understood after a perfunctory step onto the Ufological stage by any thinking person. However there are also parallel *covert* campaigns being carried out by the government with the synarchic aim to discredit the realities of the ETH in a more subtle but concentrated effort to conceal the reality and truth of the those who study the ETH into the bargain. To understand the depth of this contention the Conspiracy theory (TCT) which I agree is indeed, due to long term and masterful manipulation, a difficult concept to master.

However when one considers the historical facts, inconsistencies and the often blatant stage management of events by whatever established powers happen to be in control then the TCT, as a far fetched fantasy, becomes realistically blurred and frayed at the edges.

In the next issue we continue David Colmans article with...  
He's not the Messiah; he's a very naughty boy' (Terry Jones)

## The EYE Website

The EYE web site is currently undergoing a period of restructuring and general tidying up of the contents.

It will also shortly be moving to a new web address so do watch this space for further developments.

Meanwhile if you still wish to visit the existing site do take a look at

[www.hufos1.karoo.net](http://www.hufos1.karoo.net)

Here you can still see many reports and articles from some of the UK's leading UFO investigators...

## The Mexican Military UFO Footage

*More information will be presented in the next issue of EYE Magazine, for now we have included the basic details.*

In an unprecedented move for the Mexican authorities, the release of an officially filmed (by the Mexican air force/armed forces) video tape, showing what appears to be 11 unexplained objects following a drug enforcement aircraft on patrol, over Copalar, Chiapas in the State of Campeche (Yucatan Peninsular) of southern Mexico.

Here follows the report as posted on

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UFO Updates web site on Tuesday May 11, 2004.

SOURCE: EFE News Agency DATE: Tuesday, May 11, 2004 7:20 AM MEXICO (EFE) - In an unprecedented move for this country - and perhaps the whole world - military authorities have made public a video showing 11 unidentified flying objects (UFOs) captured by an aircraft belonging to the Secretariat of National Defense (SEDENA).

This video shall be presented today by journalist and UFO researcher Jaime Maussan. In an exclusive interview with the La Prensa newspaper, Maussan stated that the Secretary of National Defense himself, Ricardo Clemente Vega Garcia, authorized the broadcast of this material to both domestic and foreign news media.

According to the researcher, the encounter occurred on March 5, when an aircraft belonging to the Mexican Air Force, a Merlin C26/A, was engaged in drug interdiction patrols. At around 17:00 hours it detected the presence of 11 objects following it. The routine flight took place between Copalar, Chiapas and the State of Campeche. The encounter took place near Ciudad del Carmen, Campeche.

It was there that the aircraft, belonging to the 501st Air Squadron was performing its routine patrol when it suddenly detected the presence of an object on its radar at an elevation of 3500 meters, as well as through its infrared equipment (FLIR)..

denly detected the presence of an object on its radar at an elevation of 3500 meters, as well as through its infrared equipment (FLIR)..

The airplane immediately pursued the object, which according to the video footage, lost itself in the clouds. Minutes later, the presence of other objects - a total of 11 - was detected.

They followed the aircraft and surrounded it. These UFOs were captured on radar and by the FLIR gear.

However, they were never seen by the aircrew despite having been two miles distant from the aircraft at one point.

The crew consisted of eight monitoring specialists, among them the pilot, Maj. Magdaleno Casta, radar operator Lt. Germ E Martin Ramirez and FLIR operator Mario Adrian V. Elzquez Tellez.

These military men were interviewed and claimed having never seen a similar phenomenon, since the speed and movements detected by radar confirmed the fact that the [objects] were not aircraft.

*We shall bring you a detailed report and the latest available information in the next issue of*

***EYE Magazine.***



## Counselling The Abductee

by Mary Rodwell RN



**Who are the people that acknowledge the abduction/contact experience as a reality? They are people from all age groups, cultures and professions: Students, housewives, secretaries, psychologists, policemen, social workers, solicitors, politicians and some clergy.**

The experience covers the more tangible physical symptoms, such as unexplained rashes, scars, marks and shaved areas on limbs, to the emotional scars, unexplained fears, panic attacks and the more extreme post traumatic stress disorder. Often there is increased psychic ability with attendant paranormal phenomenon such as unexplained lights, electrical mechanical disturbances- the whole gamut of the unexplained to the bizarre and literally terrifying experiences that have no parallel in accepted reality. Such experiences touch on the spiritual and mystical and challenge the more generally acknowledged scientific, spiritual archaeological and anthropological history of mankind.

For any counsellor/therapist who is prepared to support clients with this reality, it can challenge many of the accepted beliefs they hold dear. It can raise huge questions for them personally that will perhaps alter their views of reality forever.

Our scientific and therapeutic communities have many problems with this area of research, as the subjective aspect of this experience is so difficult to evaluate, explain and measure in conventional terms. We have no language for it. Conventional psychology has enough difficulty finding the language for 'love,' the most powerful of human emotions. How much more difficult it is to quantify such things as 'out-of-body (only made respectable by such people as DR Raymond Moody, on Near -Death-experiences), levitation, genetic manipulation, strange beings, spacecraft, other solar systems and spiritual/ecological messages for humankind- all have no parameter in accepted psychology.

It would be reasonable- and more comfortable- to hypothesise that such people are mentally ill with perhaps some obscure psychosis, fantasy prone, schizophrenic, or some other related psychiatric disorder. Yet most experiencers who are subjected to standard psychological testing showed a marked absence of psychiatric illness, and are in fact, found to be no more suspicious or naive than the population norm. Indeed most abductee's/experiencers of Contact may persist in the hope that there is a psychological explanation for their experiences for it is easier for some to accept mental illness than the bizarre reality of the abduction phenomenon.

So where does this leave the therapeutic disciplines that wish to assist these individuals and support them? The information available to therapists on this phenomenon is unfortunately minimal. Conventional establishments do not acknowledge this as a reality, and most psychological material does not either. Many counsellors and therapists involved in this subject do so privately, due to the understandable concern of lost credibility with colleagues. This makes sharing of the information even more difficult.

One exception is Professor John Mack of Harvard University in the USA. Who has written extensively on the Abduction Phenomenon. Professor Mack instigated a new journal for therapists and believes that possibly 5% of the American population may have experienced some aspects of this phenomenon. He founded (PEER) Program for Extraordinary Experience Research 1993 under the auspices of the Centre for Psychology and Social Change, and works with the therapeutic community and 'experiencers' to foster an understanding of these experiences, and to develop a network of support and education.

I began my professional life in the scientific and practical arena of nursing, followed by midwifery. After moving into the field of emotional and psychological health, and studying a diverse range of philosophical, spiritual, and metaphysical disciplines, I was more prepared than most to keep an open mind. But nothing prepared me for the world of the abductee/experiencer. For me it was the individuals themselves that affected me most profoundly the intensity of emotions as they relive their experiences leaves one in no doubt that something very traumatic has indeed occurred.

I believe that Carl Rogers basic concepts of person-centred counselling are the most useful tools for dealing with any therapeutic situation, and are invaluable when dealing with this particular phenomenon. These are congruence, empathy and unconditional regard. For the therapist to be open, to listen and honour the individuals experiences in a non-judgemental way and to give them the opportunity to discuss how this has affected them, physically emotionally and psychologically, how it has impacted on them, their family and their perspective's on reality is vital if the therapist is to assist in integration and healing.

Often the individual cannot share their experience, even with close family, partner or friends for fear of derision, avoidance, fear or confusion. The option of professional therapy may seem threatening if there is a chance they maybe perceived as mentally ill and possibly hospitalised and medicated. Conventional religions may interpret their experiences as some kind of possession, evil hallucination or even devil- in-

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## ANOMALOUS PHENOMENA AND SLEEP PARALYSIS

By C. Anscomb

Extensive research into sleep paralysis has gone a long way to offering *some* explanations concerning night-time anomalous phenomena. Sleep paralysis has been singled out as a likely source of beliefs concerning alien abductions, and indeed many other beliefs in alternative realities. The intention of this paper is to highlight clinical prognosis relating to sleep disorders in comparison to anomalous events that may fall outside of this paradigm.

### Sleep paralysis

Sleep paralysis is a condition in which someone, most often lying in a supine position (on their back) usually just about to drop off to sleep, or upon waking from sleep realises that he/she is unable to move, or speak, or cry out.

People frequently report sensing a "presence" that is often described as malevolent or threatening. This presence may be vaguely felt or sensed to be just out of sight and to be watching or monitoring, or in some cases attacking or sitting on the subject. People also report auditory hallucinations, music, voices, whispering, along with sensations of floating out-of-the-body. These sensory experiences have been referred to collectively as hypnagogic and hypnopompic experiences. Sufferers will commonly try, unsuccessfully, to cry out for help, usually seconds or a few minutes later the sufferer will feel suddenly released from the paralysis, but may be left with a lingering feeling of anxiety. Effort to move may produce phantom movements in which the person believes they are or have moved, even getting out of bed, to suddenly find themselves back in bed still in a state of paralysis. Around 25-30% of the population reports that they have experienced at least a mild form of sleep paralysis at least once, and about 20-30% of these have had the experience on several occasions. It was thought until recently that sleep paralysis was part of the "narcoleptic tetrad", but recent surveys of non-clinical populations, suggest that the prevalence may be as high among the general population as among diagnosed narcoleptics.

(Dept. psychology, University of Waterloo)

### Paralysis

Paralysis (atonia) during REM (rapid eye movement) Dream State, is a natural process in which a type of self-defence mechanism is employed in which all the large muscle groups of the body are paralysed, resulting in an atonic state of muscle tension. This act of paralysis protects the sleeper against acting out dreams, and is caused by the inhibition of alpha and gamma motoneurons mediated by the neurotransmitter glycine.

Glycine is the simplest of amino acids, consisting of an amino group and a carboxyl (acidic) group attached to a carbon atom. Glycine's func-

tion as a neurotransmitter is also fairly simple. When released into a synapse, glycine binds to a receptor, which makes the post-synaptic membrane more permeable to  $Cl^-$  ion. This hyperpolarizes the membrane, making it less likely to depolarize. Thus, glycine is an inhibitory neurotransmitter. It is de-activated in the synapse by a simple process of re-absorption by active transport back into the pre-synaptic membrane. In some cases, the inhibitory neurotransmitter is still suppressing the body's motor functions as the sleeper wakes to find his/herself paralysed. The brain activity during REM begins in the pons a structure in the brainstem and neighbouring mid-brain regions that control REM and NREM sleep. The pons sends signals to the thalamus and to the cerebral cortex, which is responsible for most thought processes. In normal REM sleep the pons strongly activates the inhibitory centre in the medulla, an enlarged continuation of the spinal cord extending up into the "pons" (a large bulge under the brain stem). On each side of the medulla oblongata is an oval swelling, called the "olive", from which a large bundle of nerve fibres arises and passes up into the cerebellum. All ascending and descending nerve fibres connecting the brain to the spinal cord pass through it. The mid-line inhibitory zone in the pons inhibits the lateral locomotor strip. The result is complete paralysis. In REM sleep the pons is activated, exciting the medullary inhibitory area by projections along the tegmento-reticular tract which connects the pons to the inhibitory centre. The medullary centre inhibits the motor neurones and gives rise to atonia. A lateral locomotor strip, down

the outside of the brain stem, plays an important role in the reduction of motor drive and is connected to structures in the spinal cord.

Dr Cheyne cites another study that theorises that the profound feeling of paralysis could be a latent human form of "tonic immobility," the action of feigning death that prey animals often rely on when stalked, chased, seized, and attacked – a strategy of last resort induced by fear or restraint.

Tonic Immobility or thanatosis is a form of defence behaviour in which an animal becomes immobile as if dead. Numerous investigators have focused on the sign stimuli and typical response patterns associated with death feigning in animals. There are large variations in death feigning behaviour among species and among individuals of the same species. Investigations into the behaviour of thanatosis have shown that the response has adaptive value. For example, Sargent and Eberhardt (1975) found that 29 of 50 ducks that feigned death as a response to the predation by the red fox survived the attack. From these results, it was shown that ducks had a better chance of surviving capture if they exhibited tonic immobility than when they struggled, and immobility seemed to minimise stimulation for further attack. The patterns seen among these different organisms suggest that individuals who exhibit death-feigning behaviour maximise their probability of survival. Tonic Immobility in humans has seldom been studied but Suarez and Gallup (1976) proposed that freezing reactions during rape may be an instance of tonic

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immobility in human beings. The strong association of felt presence and fear and terror as well as the perception of a presence as posing a threat within sleep paralysis seems consistent with the association of immobility states in flight or fight situations.

The human physiological changes activated by a stressful event are unleashed in part by activation of a nucleus in the brain stem called the locus ceruleus. This nucleus is the origin of most norepinephrine pathways in the brain. Norepinephrine a neurotransmitter is also involved in the muscle paralysis during REM sleep. Neurons using norepinephrine as their neurotransmitter project bilaterally from the locus ceruleus along distinct pathways to the cerebral cortex, limbic system, and the spinal cord. The chemical compound norepinephrine, also known as noradrenaline, is a catecholamine also called adrenaline and noradrenaline, two separate but related hormones secreted by the medulla of the adrenal glands.

#### **ASP (Awareness during Sleep Paralysis)**

Can be distinguished from seizures, syncopal episodes, and periodic paralysis by its association with the beginning and end of sleep, by its termination with noise or touch, and by the immediate return to full consciousness when the episode ends. Episodes of Awareness during Sleep Paralysis are typically short, a matter of minutes, whereas periodic paralysis attacks may last from less than one hour to several days. (Terionic research institute).

#### **Periodic Paralysis**

Periodic Paralysis is characterised by episodes of flaccid muscle weakness occurring at irregular intervals. Most of the conditions are hereditary and are more episodic than periodic. They can be divided conveniently into primary and secondary disorders. General characteristics of primary PP include the following: (1) they are hereditary; (2) most are associated with alteration in serum potassium levels; (3) myotonia sometimes coexists; and (4) both myotonia and PP result from defective ion channels. (Dr Naganand Sripathi, Department of Neurology, Case Western Reserve University)

#### **Narcolepsy**

Narcolepsy is a disabling neurological disorder of sleep regulation that affects the control of sleep and wakefulness. It may be described as an intrusion by the dreaming state of sleep (called REM or rapid eye movement sleep) into the waking state. Symptoms generally begin between the ages of 15 and 30. The four classic symptoms of the disorder are excessive daytime sleepiness; cataplexy; sleep paralysis; (Sleep paralysis is reported in 60% of patients with narcolepsy) and hypnagogic hallucinations (vivid dream-like images that occur at sleep onset). Disturbed night-time sleep, including tossing and turning in bed, leg jerks, nightmares, and frequent awakenings, may also occur. The development, number and severity of symptoms vary widely among individuals with the disorder. It is probable that there is an important genetic component to the disorder as well. Unrelenting excessive sleepiness is usually the first and most prominent

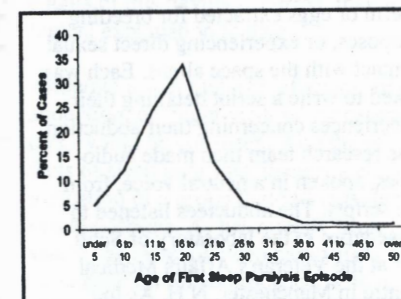
symptom of narcolepsy. Patients with the disorder experience irresistible sleep attacks, throughout the day, which can last for 30 seconds to more than 30 minutes, regardless of the amount or quality of prior night-time sleep. These attacks result in episodes of sleep at work and social events, while eating, talking and driving, and in other similarly inappropriate occasions. Although narcolepsy is not a rare disorder, it is often misdiagnosed or diagnosed only years after symptoms first appear. Early diagnosis and treatment, however, are important to the physical and mental well being of the affected individual. (National Institute of Neurological Disorders and Stroke)[1]

#### **Cataplexy**

A pathological equivalent of REM sleep atonia unique to narcolepsy, is a striking, sudden episode of muscle weakness triggered by emotions. Typically, the patient's knees buckle and may give way upon laughing, elation, surprise or anger. In other typical cataplectic attacks the head may drop or the jaw may become slack. In severe cases, the patient might fall down and become completely paralysed for a few seconds to several minutes. Reflexes are abolished during the attack. (Centre for narcolepsy, Stanford school of medicine) It is estimated that 60% of all patients with narcolepsy experience cataplexy.

An ongoing study at the Department of Psychology, University of Waterloo, has yielded these statistics to date: Sleep paralysis most often has an adolescent onset. Earlier research had generally studied student populations leaving open the possibility that this might have been

an artefact of the fact that only young people were surveyed. In several surveys with older samples, (Mean age of approximately 30) we have corroborated a very clear tendency for people at all ages to report an adolescent onset for their episodes. Several large samples have produced consistent means of 17 years of age, with a sharp increase after 10 and an even sharper decline from 17 to the mid-twenties. The results do suggest, however, that sleep paralysis episodes may begin at virtually any age, although it is rare for this to happen after 30.



(Department of Psychology, University of Waterloo) [2]

In a communication to Dr Cheyne, I asked for clarification as to the percentage of SP sufferers within the age group of 35 to 45. Dr Cheyne advised that around 7-8% of their sample who have had SP experiences recently are between 35 and 45. This can be compared to over 50% for the age range between 15 and 25.

#### **Anomalous Phenomena**

Researchers at Harvard University

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devised an experiment to determine if memories of abduction by space aliens would provoke the same physiological reactions that occur with people who had lived through other traumatic experiences, such as fatal car accidents, and Vietnam veterans.

Professor of psychology, *Richard McNally*, along with his colleagues recruited six women and four men who claimed they had been abducted by extraterrestrials. Under hypnosis, seven of the 10 reported having had their sperm or eggs extracted for breeding purposes, or experiencing direct sexual contact with the space aliens. Each was asked to write a script detailing their experiences concerning their abduction. The research team then made audiotapes, spoken in a neutral voice, from the scripts. The abductees listened to these tapes in the laboratory of Scott Orr at the Veteran's Affairs Medical Centre in Manchester, N.H. As the tapes played, the researchers recorded their emotional responses using such measures as heart rate and sweat on the palms of their hands.

The same procedure was carried out with eight people haunted by traumatic experiences unrelated to abduction by aliens. When the two sets of measurements were compared, the results were evidently striking. The abductees showed surprisingly strong physiological reactions to the tapes of their alien encounters. Their reactions were as great as those of individuals who had experienced trauma as a result of sexual abuse, combat, accidents and other mentally traumatic experiences. "In fact, the actual magnitude of the reac-

tions was at least as great as those reported in previous studies on people with post-traumatic stress disorder," says *McNally*. "It seems to underscore the power of emotional belief, that if you genuinely believe these things have happened, these terrifying events have happened, then you tend to show the emotional profile, the physiological profile consistent with that belief."

*McNally* announced these findings on Feb. 16 at a meeting of the American Association for the Advancement of Science in Denver. "The results underscore the power of emotional belief," he noted. "People who sincerely believe they have been abducted by aliens show patterns of emotional and physiological response to these 'memories' that are strikingly similar to those of people who have been genuinely traumatised by combat or similar events." (*Harvard University Gazette feb20/2003*)[3]

*Budd Hopkins*, executive director of the Intruders Foundation, thinks this validates their stories. "I thought this was quite a wonderful thing, because it's exactly the results we thought the scientific community would present if they actually looked into the cases."

But *McNally* believes these are false memories formed during "sleep paralysis," Merely because someone experiences intense emotions surrounding a particular memory does not itself confirm that the memory actually indicates something happened."

*Budd Hopkins* counters the sleep paralysis claim with the fact that not all abductions are reported to happen at night, and that there are also reports of physical

marks left after abductions, known as "scoop marks." [4]

Most of these 'scoop marks' are in fact consistent with spider bites. The *Loxosceles reclusa* (brown recluse, or violin spider) indigenous to the Americas, does in fact leave such a mark. Their bites can be mild to serious and occasionally fatal. As of 1984, at least 5 deaths had been reported from their bites in the USA. Their haemolytic venom is dangerous. The toxins in the bite kill the cells surrounding the puncture, producing a black gangrenous spot. Often, the skin proceeds to peel away from the area around the wound, exposing the underlying tissues. In extreme cases, an area 6 inches across can be severely affected and, since the wounds are slow to heal, they leave a very unpleasant scar. This process takes a few days, from the onset of a blister within the first few hours to the ulcerated area a few days later. In the UK we have the *Steatoda nobilis* and the *Dysdera crocata*, both can be aggressive, but their bites are little different to a bee sting and pretty rare. There are currently only 5 recorded occurrences in Britain since 1979. Before jumping to conclusions as to the cause of what may seem to be anomalous marks on the body, one should look at all the plausible causes of origin. The vast majority of people coming forward with 'scoop marks' do have plausible explanations. But there are those that simple do not.

Deep Triangular and circular indentations that remain for years, that have appeared over night without being an obvious lesion, are indeed a mystery. Immediately after wounding, the release of vasoactive substances, including his-

tamine, serotonin, and cytokines occur. The series of healing is as follows: coagulation process (hours), inflammatory process (hours to days), migratory/proliferative process (days to weeks) then the remodelling process (weeks). To wake and find a deep but already healed wound with scar tissue would be extremely irregular. This would require some process yet unknown to medical science, of accelerating the healing process and tissue growth, condensing the normal healing process of around three weeks to a matter of hours/possibly less. Yet there are valid accounts of this having occurred, that defy logical explanation to date.

Although a vast majority of claims of abduction, or 'night visitors' by experimenters, would be consistent with the effects of sleep paralysis, there is a clear indication of a group that fall outside of this hypothesis. As has already been stated, the onset of sleep paralysis is most common in adolescence, with a sharp decline between the ages 17 to 25, and with only 7 to 8 % of SP sufferers between the ages of 35 to 45. Yet in recent research I have conducted, there are a significant amount of accounts of sudden onset of SP during the subjects mid 20's to 30's and increasing with age, I am one of these.

In 1985, at the age of 25, I had my first experience of ASP (awareness during sleep paralysis). I did not experience any sensations of a malevolent presence, but was simply frightened because I couldn't move. This occurred some 15 times over a period of 6 months, each

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time I would try to call out, or get to the edge of the bed to drop myself onto the floor. Then one evening the experience developed further. Having just gone to bed, and turning the light out I felt something in the room change, it is difficult to define at this point, but things simply seemed to be out of place. I tried to sit up, but again as on the other occasions I was totally paralysed. I struggled to reach up to pull the light cord hanging above the bed, but after much effort I managed to turn the light on. I was still in a state of paralysis, but was able to see around the room clearly. As I looked at the wardrobes facing me, I realised they were distorted, there was an obvious ripple effect, almost as though I was looking through moving water. I felt quite frightened, and said (or thought), 'whatever you are go, I'm nervous'. I watched what appeared to be a 'plasma' substance disburse out through the bedroom window. Once it had completely gone I found I was able to move. I got up and went down stairs, still pretty shaken by the event, to some friends who were still awake, and had been watching t.v. As I entered one of them said, 'are you ok? you look dreadful', another said 'ah the t.v is working now'. Whilst this had been occurring upstairs, the t.v had evidently lost all reception. It's interesting to note that the t.v aerial was immediately outside the bedroom window.

On another occasion one evening in 1989, I got into bed, and had just pulled the duvet over myself when I

felt the pressure in the room change. My ears popped, and I sensed an imminent event as I had done on numerous previous occasions. I tried to sit up, thinking to myself if something is going to happen I want to be fully conscious, and able to make mental notes. I found I was completely paralysed as usual and again my eyes were open and I could see around the room clearly. I noticed the 'plasma' substance again in the room, but as I studied it I became aware that rather than a substance filling the room, I was viewing an effect of 'something' causing a distortion of the physical lay out of the room. The dimensions had slipped apart, rather like an image on transparency film over laid with another sheet of transparency with the same image, to create a 3d picture. Slightly sliding them apart, would give a distorted image, being partially 2d and 3d, and this seemed to be what I was witnessing occurring in the room. I struggled to get to the edge of the bed, to drop myself to the floor, hoping the fall would break the paralysis. I eventually managed this, but was still having tremendous difficulty moving, but eventually was able to slowly drag myself out of the bedroom and down the hallway to the living room. I stumbled in through the doorway to where a friend was sitting on the sofa, still awake. He was shocked when he looked up, there was commotion around me and I remembered G telling me I seemed to be in the middle of a whirlwind. This comment was recently kindly forwarded from 'G', "I'd say that what surrounded you on the night was like intelligent smoke. It did swirl around you like a whirlwind and you had a strange look on your face (have you ever seen the X-Files where 'ghosts' are appearing to portend death? Well, the look the ghosts had when they were mouthing their warn-

ings is it)."

I asked Dr Cheyne, of the University of Waterloo, how rare were accounts of people physically moving whilst in SP, and having witnesses to the fact. "That would be very unusual indeed" (Dr Cheyne).

This is an example of ongoing anomalous events, which started early in my life and carry on today. I have used my own personal accounts of events because I know them to be true, but I am in contact with many people who also experience similar phenomena on a regular basis.

Categorising *all* night-time anomalous phenomena as a sleep disorder such as sleep paralysis, is just as erroneous as stating that all anomalous effects of sleep disorders are a result of alien abduction. We require far more conclusive research into all aspects of this phenomenon before any definite statements should be made. But as an experiencer, my conclusion at this moment in time is this; *some* of the 'alien abduction syndrome' experiencers are indeed having experiences outside of medical or scientific explanation. Possibly not all are 'abduction' *per se*, but are perhaps encountering a form of exo-intelligence we have yet to clearly define.....

(Excerpt from book 'The Mind in Matter' to be published later this year)

#### Acknowledgements:

With special thanks to Dr Cheyne, University of Waterloo

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Budd Hopkins, executive director of the Intruders Foundation:

<http://www.intrudersfoundation.org>

Richard McNally: Harvard University

#### LINKS:

[1]: [http://www.ninds.nih.gov/health\\_and\\_medical/disorders/narcolepsy\\_doc.htm](http://www.ninds.nih.gov/health_and_medical/disorders/narcolepsy_doc.htm)

[2]: [http://watarts.uwaterloo.ca/~acheyne/S\\_P2.html#pp](http://watarts.uwaterloo.ca/~acheyne/S_P2.html#pp)

[3]: <http://www.news.harvard.edu/gazette/2003/02.20/01-alien.htm>

[4]: [http://www.sciencentral.com/articles/view.php3?article\\_id=218392122&language=english](http://www.sciencentral.com/articles/view.php3?article_id=218392122&language=english)



# Loving The Alien!

How long as actor singer/song writer David Bowie had a fascination with things UFOlogical? In this compilation of material we shall take a brief but interesting examination of the facts, including others he may have influenced himself.



It as long been thought that rock legend and occasional actor David Bowie, has or is being influenced by extra-terrestrial contact!

The evidence for this opinion chiefly comes from Bowie himself, in several early interviews, also, from

some of the other rock stars and friends he as associated with.

David Bowie, real name David Robert Jones was born on January 8, 1947 at 40 Stansfield Road, Brixton, London. His parents are Margaret Mary Burns and Haywood Stenton Jones. When later interviewed his mother, Margaret, made the following comment regarding Bowie's birth date and delivery:

"David was born on 8th January. The midwife said to me, 'This child has been on this earth before' and I thought that was rather an odd thing to say, but the midwife seemed quite adamant."

Bowie is indeed an extrovert and interesting character, he has, by his own admission, undergone many character changes, in his pursuit of fame and fortune. Some undoubtedly in an attempt to deliberately foster an image of mystique such as Ziggy Stardust and Aladdin Sane a conjurer of

supernatural forces.

The character and personality of Ziggy Stardust is indeed even claimed to be alien. The question becomes as he deliberately encouraged others to believe in his alleged ET contacts to gain the fame he wished for, and now has?

While attending Bromley Tech the young David Jones begins experiments in the subject of Telepathic Thought Transference with his school chum, George Underwood:



"I remember when we were at Bromley Tech, we would experiment with telepathy. We would arrange to do something at a particular time in the evening and then the following day we would compare

our thoughts. It was uncanny how on so many occasions, our thoughts were similar."

In 1959, author and flying saucer contactee Howard Menger published 'From Outer Space To You' in which he claims

"...many people have seen them land - such as myself, and countless others who have not told of their experiences.. physical beings like ourselves operate the craft.. They are humans



and look just like we do, excepting their manner of dress.. They communicate telepathically and orally with whomever they contact.. They say they come in love and compassion for us, their brothers, to help ourselves to reach a higher understanding of life and its meaning.." had the young Bowie read this?

This is the time in Britain, that sci-fi TV programmes such as The Quatermass Experiment and comics such as Dan Dare were part of the impressionable 11 year old David Jones weekly intake of modern culture, as well as many other young adults and children too.

Christopher Sandford who knew the young David Jones/Bowie made the following comment:

'As a twelve-year-old in Plaistow Grove.. (David) fantasized that aliens were visiting him at night to "study my habits." A thriving 1950s science-fiction culture appeared to be egging him on.

During the early to mid 1960's Bowie forms and sings in several new bands and disbands and leaves them just as quick, for example June 1964 - The King Bees'. The 'Liza Jane' single is released, and promoted on TV's 'Ready Steady Go'. He then leaves and joins another band in August 1964 - Manish Boys. Then in November 1964 - Appears on BBC TV, interviewed by Cliff Michelmore, as a member of the 'Society for the Prevention of Cruelty to Long-haired Men.'

It was about this time that a 14 year old girl, Angie Barnett wrote an essay titled 'The Light People' in which she suggests that the Prophets, Messiahs and other great historical characters were aliens or the children of alien beings. Angie Barnett would become well known to David Jones/Bowie. March 1965 - Continuation of long hair theme, when he refuses to get hair cut for BBC TV appearance (publicised in Daily Mirror etc.). Forms yet another new group, named "The Lower Third". Now managed by Ralph Horton.

September 1965 - Changes name to David Bowie after Jim Bowie of the knife fame. About this time Vince Taylor (see right) was performing as an up and coming rock star he was deeply into the UFO culture of the mid 1960's.

It is believed that he and the newly named Bowie met on several occasions, it as been suggested at either Tottenham Court Road or Charing Cross Road, tube station. At one of these meetings it as been claimed Vince took out a map on which he shows the young influential Bowie where the aliens have their "bases" or



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"encampments" or where UFOs are going to land.

Even Bowie remembers the meetings: "I met him a few times in the mid-Sixties, and I went to a few parties with him. He was out of his gourd. Totally flipped. The guy was not playing with a full deck at all. He used to carry maps of Europe around with him, and I remember him opening a map outside Charing Cross tube station, putting it on the pavement and kneeling down with a magnifying glass. He pointed out all the sites where UFOs were going to land." even so the future rock star continued to show an avid interest in UFOs and their occupants.

Bowie continues to seek fame and in late February 1966, was interviewed by the music periodical 'Disc & Music Echo' '.. And his ambition? "I want to act," says Bowie modestly, "I'd like to do character parts. *I think it takes a lot to become somebody else.* (italics inserted by author of this article) It takes some doing. "Also I want to go to Tibet. It's a fascinating place y'know. I'd like to take a holiday and have a look inside the monasteries. The Tibetan monks, Lamas, bury themselves inside mountains for weeks and only eat every three days. They're ridiculous - and it's said they live for centuries." It should be stated that David is a well-read student of astrology and a believer of reincarnation... Bowie continued "As far as I'm concerned the whole idea of Western life - that's the life we live now - is wrong. These are hard convictions to put into song though...", also about this time his backing band

Lower Third disband. Now backed on-stage by The Buzz.

David continues with his search for fame as a rock singer and in July 1967 with Ken Pitt now his manager, Bowie moves from Bromley to a room in Pitt's flat in central London. Another (unsuccessful) single release comes and goes, 'Love You Till Tuesday.' More notably the b-side 'Did You Ever Have A Dream,' tells of the "very special knowledge" of "astral flight," which enables you to "...walk around in New York while you sleep in Penge.." Shortly after this in approximately September 1967, Bowie begins acting and appearing in short films for example, 'The Image,' directed by Michael Armstrong. First appearance in 'Pierrot In Turquoise' as part of Lindsay Kemp Theatre Group.

January 1968 - Appears briefly in BBC-2 TV play 'The Pistol Shot,' dancing a minuet with Hermione Farthingale, who would later have an influential role in Bowies life. June 1968 - Royal Festival Hall appearance (on a bill with Stefan Grossman / Roy Harper / Tyrannosaurus Rex). At this time he acquires an 'informal job' at the Legatstat printing firm, 57 Carey Street. Auditions (on 17th & 23rd) for the American musical Hair. The outstanding song in this production carries an extremely similar message to that conveyed by the Space People to Paul Villa and to other contactees:

"When the moon is in the seventh house  
And Jupiter aligns with Mars  
The peace will guide the planets  
And love will steer the stars

This is the dawning of the age of Aquarius  
Age of Aquarius  
Aquarius, Aquarius..."

August 1968 - Moves into small flat at 22, Clareville Grove, South Kensington with Hermione Farthingale. Fellow performer John Hutchinson: "They seemed to suit each other very well. It made David very different. He was completely recovered from the Ralph Horton period. He was fine."

Jerry Hopkins: "Hermione Farthingale? Some said she was the key to David's personality, the key to *everything*."

January 1969 - Filming of 'Love You Till Tuesday' begins: showcasing David Bowie's work, it features, Hermione Farthingale and John Hutchinson.

One of the songs included is a new track called 'Space Oddity.' Marc Bolan: "When he had wrote 'Space Oddity' he was on tour with me in Tyrannosaurus Rex. He had a mime act and used to open up the show. He didn't sing at all but had a tape going and he'd act out a story about a Tibetan boy. It was quite good actually, and we did the Festival Hall with Roy Harper as well."

April 1969 - Bowie is introduced to (Mary) Angela Barnett, (later Angie Bowie, David's first wife) the then 19 year old, who had previously written the essay 'The Light People' concerning aliens and their offspring and their influence in human affairs as great authors Prophets and leaders whilst still a 14 year old school girl. Bowie and new wife Angie were married in 1969.

Shortly after these events he begins recording a second LP at Trident Studios, London. Angela Bowie: "And now I have to tell you something important, crucial really. Although I'm uncertain about it these days, I must confess that as I watched David committing his art to tape in that studio, a feeling inside me became a conviction: David was one of the Light People. This belief was an integral component of my attraction to him, and a powerful factor in the loyalty and trust I placed in him..."

An associate at the time was Paul Buckmaster: "We had some wonderful intellectual discussions. The first ones we had had a lot to do with a sort of pop science-fiction mysticism mixed with a bit of metaphysics and spiritualism. We were talking about aliens and UFOs a lot when we first met. It seemed to be the primary topic of debate..."

July 1969 - 'Space Oddity' is first released as a single.

So as you can see from above Bowie had long been interested in unusual phenomena with perhaps UFOs and their alleged occupants it would appear on top of the

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list. Bowie has also referred to his own alleged sightings in at least two known interviews. In November 1969, with George Tremlett and then once again with Bruno Stein in the mid 1970's. During the interview with Stein, which was published in February 1975, in Creem magazine, he suggests he helped in some capacity in putting a UFO magazine/fanzine together approximately 6 years earlier, was this during the time he had meetings with Vince Taylor?

During 1973 Bowies mother allegedly witnesses her "first flying saucer". During the 1970's, Bowie, the now globally famous rock superstar, meets American author and publisher Timothy Green Beckley, for an interview which is featured in Beckley's book 'UFOs Among The Stars'. Bowie as also featured in other UFO related publications by noted authors such as, Jenny Randles, Michael Hesseman, Valdamar Valerian, these all mention in some way Bowies ET connection. There have also been many biographies, at the last count somewhere in the region of 20+, which also contain startling statements quite relevant to Bowies UFO experiences and alien encounters. So undoubtedly his interest in the subject goes back a long way.

### The Jean Genie ET Or Not ET That Is The Question?

This interest is also shown in his song writing, for example the classic track "The Jean Genie". This track was recorded whilst Bowie was touring the United States. Being recorded at several different venues in New York, Los Angeles and Nashville before finally approving the master for pre-Christmas

release. It's a strange and likeable amalgam of musical influences ranging from Bo Diddley guitar licks to Lou Reed style lyrics.

The myth about David Bowie's "Jean Genie" is that it is a song about Jean Genet, or it is a song about Iggy Pop, or possibly partly about Genet and partly about Iggy. The idea that it is about Jean Genet must be largely down to the title. The idea that it is about Iggy Pop may be partially correct in that some of the lyrics could be inspired by him - when questioned about this by disc jockey Nicky Campbell on Radio One in 1990 this is what Iggy also stated as his view on the matter. After a careful look through the lyrics - consulting dictionaries - it is clear to me that most of the song's lyrics do not obviously relate to Pop or Genet any more than they relate to any other specific individual.

What does appear obvious is that the song - more than anything else - describes an *alien being*.

According to the Oxford English Dictionary, the word '*genie*' is a modern adaptation of the Arab word '*jinn*' - meaning "*One of the sprites or goblins of Arabian demonology*" - as the rendering which it "*..resembled in sound and in sense.*"

In English '*genie*' has been commonly used in the singular and '*genii*' in the plural. Amongst examples quoted by the OED is this from Smollett, 1748:

*"If the plot... had been whispered by a genie, communicated by a dream, or revealed by an angel from on high."*

Chambers 20th century dictionary gives under '*genie*' - a *jinn* (see *jinn*), which is defined as:

*"..a class of spirits in Muslim mythology,*

*formed of fire, living chiefly on the mountains of Kaf which encircle the world, assuming various shapes, sometimes as men of enormous size and portentous hideousness."*

Meanwhile, Collins English Dictionary gives the following definitions:

1. (in fairy tales and stories) a servant who appears by magic and fulfils a person's wishes.
2. another word for *jinni*... Under '*Jinni*' it gives alternative words *jinn*, *djinni*, or *djinny* defined as: "*a spirit in Muslim mythology who could assume human or animal forms and influence man by supernatural powers.*"

Other definitions do exist, but remain close to those above.

"The Jean Genie" was one of Bowie's big hit singles of the early-1970's - going silver in the U.K. It was taken from the "Aladdin Sane" LP. It is obvious, however, from the lyrics that it is not simply a song inspired by the genie figure in the Aladdin myth (although Bowie had, in fact, attended a pantomime version of Aladdin starring Cliff Richard on March 1st 1967).

A curious coincidence worth noting here is that in 1968 and 1969, Bowie would perform a song called "Life Is A Circus," which Kenneth Pitt states in his book "... was a song that Tony Visconti had heard performed by an American group called *Djin*..." The Oxford Illustrated Dictionary gives a definition for *jinn* and *djinn* (with two 'n's unlike the group name):

*"Order of spirits lower than angels, with supernatural power over men..."*

Once it is understood that the song's title refers to a kind of 'supernatural' or 'alien' being - although the 'Jean' part can't be adequately explained as yet - many of the song's lyrics can be understood within this context. All of the verses of the song end with the line '*Poor Little Greenie*,' which seems to have been consciously derived from the well-known alien description '*Little Green Man*' - perhaps combined with the Chuck Berry song title "Little Queenie."

Regarding the fourth line "Talking 'bout Monroe and walking on *Snow White*" - in the fairytale the human Snow White features with seven dwarves - that is with beings who are all small in size as are 'aliens' commonly described. Or does the term



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"Snow White" have some kind of drug connotation?

Re: The chorus "The Jean Genie lives on his back. *The Jean Genie loves chimney stacks,*" there is here a link with the Father Christmas legend, in which he is supposed to come down the chimney with his gifts after travelling through the skies (of course, 'aliens' are also supposed to travel through the skies). Aliens have been described as being in some manner *reptilian* (in alleged autopsy reports etc.). The first line of the second verse connects with this apparent characteristic:

**"Sits like a man but smiles like a reptile."**

In the fifth line the reference to nutrition resonates with the experiences of the 'Space People' contactee Howard Menger:

**"He says he's a beautician sells you nutrition."**

The next line is:

**"And keeps all your dead hair for making up underwear"** - it has been reported by some people who've encountered aliens that a sample of their hair - amongst other things - was taken by the beings. It could be that some alien clothing resembles a mesh of human hair - visually and/or texturally.

The first two lines of the final verse are:  
**"So simple minded he can't drive his module."**

**He bites on a neon and sleeps in a capsule..."**

A relevant definition of 'Module' in Collins English Dictionary is:

3. *Astronautics. any of several self-*

*contained separable units making up a spacecraft or launch vehicle, each of which has one or more specified tasks. Chambers 20th Century Dictionary has the following - a unit of size, used in standardised planning of buildings and design of components. a self-contained unit forming part of a spacecraft or other structure.*

In his famous earlier song "Space Oddity," David Bowie had used the word 'Capsule' - "...It's time to leave the capsule if you dare" - in connection with (the character) Major Tom's flight in a "space ship."

For 'Capsule,' Chambers 20th Century Dictionary offers:  
*a fibrous or membranous covering (zoo) and a metallic or other container and a self-contained spacecraft or part of one, manned or unmanned, recoverable or non-recoverable. Whilst Collins English Dictionary gives as its 6th definition of 'Capsule':*  
*"Space Capsule": a vehicle, sometimes carrying men or animals, designed to obtain scientific information from space, planets, etc., and to be recovered on returning to earth.*

In conclusion, it can be seen that a significant proportion of the lyrics to the song as well as the title itself have an unmistakable *alien* connotation. This is only one of many such songs penned by Bowie over the years. (Space Oddity, Loving The Alien, Star man, The Man Who Fell To Earth, Blackout, Scary Monsters (and Super Creeps), Hallo Space boy, to name but a few all have a UFO/ET slant in them..

It seems to be almost impossible that

David Bowie could have written, for example, the line "Poor Little Greenie" without intentionally associating it with the phrase "Little Green Man" not with Jean Genet or Iggy Pop or any other *human* being!!

The alien aspect to the song therefore seems to have been something Bowie was conscious of when he wrote the lyrics. Bowies colleagues and fellow rock musicians have also confirmed an ET connection.

**Rick Wakeman ..**

**Description & Bowie Connection**

'..There's no doubting Wakeman is a keyboard genius. Even concert pianists write to him asking him how he can play like he does. He left school to enrol at the Royal College of Music and played on some 2,000 tracks for artists such as David Bowie, Lou Reed and Cat Stevens while still in his teens. His influence has been far-reaching - using choirs and orchestras on rock tracks is almost compulsory these days.' ....

.... 'He (has) sold more than 100 million records, either solo or as a member of iconic seventies band Yes..'

Played on 'David Bowie' (1969) and 'Hunky Dory' (1971) LPs, including the songs 'Space Oddity' and 'Life On Mars?'

**UFO/Alien Connection**

'..NASA transmitted some of his music into space in the hope of communicating with aliens, making Rick Wakeman earth's ambassador to the uni-

verse - a thought some may well find somewhat scary...

...This week he releases *Out There*, a suitably overblown concept - a spacecraft made out of musical instruments collects different types of music from around the universe. It includes a dedication to the doomed crew of space shuttle Columbia and Wakeman even plans a tribute concert at NASA...

"To be perfectly honest, after King Arthur I got a bit up myself," he admits. "I saw a UFO in Florida and spent a year talking to people who claimed to have met aliens. I was so engrossed in all of this that I tried to get into a hangar that was said to house unspecified craft and got arrested - tremendous adventures. I wrote this album - *No Earthly Connection* - based on my thoughts that music was a sixth sense. I was away with the fairies. It was great." ...'

As stated at the beginning, Bowie is indeed an extrovert and interesting character.

Quotes from article 'Life On Planet Wakeman' by Chris Goodman, Sunday Express s-2 magazine, March 16th 2003.

Recommended further reading of relevance is an article entitled "A Brief Account Of The Nature Of UFO Entities" by Gordon Creighton, printed in Flying Saucer Review vol 29/1 (re-printed 33/3).

Also see: <http://www.xdream.freemove.co.uk/Homepage2.htm>



## **Big Cats - The Truth Is Out There.**

**By Ron Toft**

*The big cat sat down looking at me. I went, 'Shoo!'  
and it didn't move so I ran instead.*

Christine Tye on encountering a big cat in Lincolnshire April 2003.

A few years ago, anyone who reported seeing a "big cat" roaming the countryside would have been the butt of pub jokes.

They would have been told they were imagining things, had simply seen a domestic cat, fox or some other familiar animal under difficult lighting conditions - or, more frankly, that they were lying.

Today, however, that attitude is gradually changing - thanks mainly to the work of the Dartmoor-based British Big Cats Society (BBCS), whose twin aims - to "prove and protect" - are to establish beyond all reasonable doubt that exotic felines really do roam our countryside and prevent them from being shot on sight.

A staggering 1,077 sightings were reported in 2002 alone, plus a further 679 sightings from previous years. Scotland was the leading hotspot with 209 reports, followed by Devon with 97, Kent with 92 and Wales with 86.

Now in its fourth year, the BBCS strongly believes that this is only the tip of the iceberg, that big cats are being seen much more often than was previously thought. Society officials estimate that for every sighting made public, a further three or four are never reported.

Last year was an "extraordinary year," according to BBCS founder Danny Bamping, a 29-year-old wildlife cameraman based in Plymouth. Figures for 2003 are to be published at the end of this month and data collected have been vast, due to the number of external contributors, such as the National Farmers' Union (NFU) RSPCA, wildlife trusts, several police forces and the Department for Environment, Food and Rural Affairs (Defra).

Bamping, who has been investigating the big cats of Britain for 10 years, says he is delighted with the fact that Defra invited the BBCS to give a presentation on big cats last month - "Several DEFRA employees came forward and disclosed their own sightings" - and that the NFU has pledged its support for the society's work.

NFU deputy president Tim Bennett said in December that although there are "many local legends, such as the beast of Bodmin Moor, we have no firm evidence of how many instances of identifiable creatures there are. By helping the BBCS with its study, we aim to reach a clearer picture. This is a serious issue

for farmers who need to be aware of threats to their animals from worrying and attacks."

Farmers, says Bamping, can be relied on for "valuable and credible" information. "Over the years I have listened harder when talking about big cats or evidence of them with farmers. They know their business and they know what they have seen." The BBCS hopes that by working alongside the NFU and other bodies, it can "start to push for a properly funded and long term study of big cats in Britain." The society investigates as many reports as possible within its limited resources in order to obtain first-hand witness accounts. Some of its members also "stake out" big cat hotspots in the hope of filming or photographing the elusive animals. "By using scale models of big cats and distance information supplied by witnesses, we try to estimate the approximate size and identity of the species."

The evidence for big cats is based not just on sightings. Far from it. There are photos and video footage and physical evidence in the form of animal kills and ground and tree marks. A few big cats have been caught and some others have been shot or found dead.

In 1980 a farmer captured a female puma at Cannich, Scotland, after a string of big cat reports in the area dating back several years. She ended her days at Highland Wildlife Park.

A jungle cat was found dead at the side of a road in Shropshire in 1989 after almost certainly being hit by a passing vehicle. It was rumoured that this animal had mated with domestic cats and produced several offspring. "One large, smoky-grey cat called Jasper had all the characteristics and markings of a jungle cat," says a BBCS report.

In 1991 a northern lynx was shot near Beccles, Suffolk, after killing about 25 sheep in a fortnight. Two years later a leopard cat suffered the same fate on the Isle of Wight after being mistaken for a marauding fox which had taken ducks and chickens from a farm.

In 1999 a horse was bitten by what is said to have been a puma in a remote part of West Wales noted for its big cat activity. A scratch-covered tree on the same farm is believed to have been used by a big cat as a "mark post". Paw prints were discovered around the base of the tree and there was a strong smell of cat urine. Two foals, five sheep, many chickens and a sheep dog were all killed in the area over a 12-month period.

A journalist came across the remains of a dismembered roe deer after catching a "very large, dark cat" in the headlights of his car while driving

home from Dundee to Cupar in Scotland late one night. The animal "gave the impression of being extremely powerful and agile."

In 2002, says the BBCS, there were three confirmed attacks on horses and two confirmed cat encounters with people. Last year's incidents included a puma killing livestock in Port Rush, Ireland, police searching for a large black feline in the Shrewsbury area and a horse attack in South Devon.

Local vet Steve Grills who treated the injured horse, Mischief, said, "There's probably not much other than a big cat which could have caused such damage."

Bamping regards the evidence for the existence of wild exotic felines of various species as overwhelming. "Sceptics are now as rare as the cats themselves," he declares. Some animals, he believes, may not just be surviving but thriving and possibly even breeding. But where did they originally come from? A document being prepared by BBCS identifies a number of places from which big cats were released in the UK since 1976 in areas including from Wales to Scotland and from Yorkshire to Devon and Cornwall. Animals were also set free well before that period and are still being let loose today.

"The stigma attached to big cat sightings is nowhere near as great as it used to be," adds Danny. "Members of the public need to know that their sightings and encounters will now be taken seriously and investigated fully with a view to building up a comprehensive UK-wide picture of the distribution of these exotic creatures."

Source:

**London Financial Times: 12th March 2004.**

## EYE MAGAZINE

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**Remember use it or lose it!**

*(Continued from page 11)*

spired.

Thus, isolation and confusion are two of the main difficulties for clients. Support groups can be extremely valuable for providing safe caring and support, with a confidential environment to share with others their similar experiences. The acceptance and validation from those who understand is tremendously healing, and strategies for dealing with the fear and lack of control can be useful for reducing stress or panic attacks.

In my experience, those clients who appear the most healthy and integrated are those individuals who are trying to make sense of their experiences by viewing it as a spiritual journey or challenge that can teach them something valuable about themselves or their lives. It becomes one of the ways they can feel empowered to continue to live in our recognisable three-dimensional reality, but also in a reality that has no recognisable boundary, that may at times appear to be multi-dimensional and obey no known rules of conventional science.

A therapist may not be able to explain these experiences, but can offer invaluable support through openness, acceptance and honouring of the experiencer. In a world that is hostile to a phenomenon that challenges a person's view of reality, to find something who is open and willing to listen without judgement can lead to healing at its most profound level.

Mary Rodwell RN Principal ACERN (Australian Close Encounter Resource Network) Author, Counsellor, hypnotherapist, metaphysician and International speaker on the Contact/abduction Phenomenon.

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**Thank you,  
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